Ladies Shabbat Class for May 9th 2020

Eternally Desired Series

**Review:** ***Psalm 45:9-11 At Thy right hand stands the Queen (His Bride) in gold from Ophir. Listen, O daughter, give attention and incline your ear; Forget your people and your father's house; So that the King will greatly desire your beauty; because He is your Lord worship Him.***

1. The Queen or bride standing at the King’s right hand- a place of honor
2. What does our King want us to be doing?
3. ***Listen- - Sh’ma (listen or hear)*** - Listen with the intent of obeying-Deut. 6:4-9
4. ***Daughter- bat***- We are adopted into His family- E*phesians 1:5-6, Romans 8:15-17*
5. ***Give Attention-* ‎ – based on *raah*** meaning to see- Gen 22: 14 ***And Abraham called the name of that place The LORD Will Provide*… ‎ *Jehovah Yirah***

**God sees the need and provides for each of us! Let’s keep praying with Paul to see (raah) our lives from our King’s perspective: Ephesians 1:18-23**

1. ***Incline your ear-*** ***ozen****-* symbolic of an instrument of obedience. **Prov. 25:12**
2. ***“forget your people and your father’s house”*** “leaving and cleaving” -Genesis 2:24

***God chose marriage above every other relationship to represent His relationship to His people of faith. (Messianic Marriage Matters by Sam Nadler)***

1. ***Psalm 45:11 So shall the King greatly desire your beauty: because He is your Lord worship Him.***

We are presently in our Betrothal or Kiddushin period. Until Yeshua returns time we need to be entirely devoted to Yeshua our Groom, so that His intimate affection is fixed on us without anything to hinder or impair it. Matt. 6:33

To have the intimacy of relationship with Messiah and for Him to appreciate our beauty, we must reflect His beauty! Yeshua taught us: **“Abide in Me and I in you…” John 15: 4**. This is accomplished each day by choosing to listen and obey Him, living our lives in light of His perspective. Realizing He not only sees out lives unfolding but also provides for us in every situation. (Eph. 2:10) Each day we must have our ears tuned to hearing wisdom from His Word and living accordingly. And most importantly we must **Worship Him.**

**This week: What does it mean to Worship our King Yeshua while we are still here on earth?**

1. A look back: When God delivered Israel from Egypt, Worship was the sign or miracle of their deliverance. Exodus 3:12 And God said to Moses, **"Certainly I will be with you, and this shall be the sign to you that it is I who have sent you: when you have brought the people out of Egypt, you shall worship God at this mountain. Worship is *Avodah in Hebrew* meaning to worship and to serve- a miracle sign *(ot*) of their deliverance**
2. **What are some hindrances to worship?** Allowing worry and anxious thoughts to overtake your heart and mind so that the worry itself becomes your idol instead of God.
3. Let’s look at a “tale of two Sisters” whenYeshua stopped by the home of his most beloved friends- Lazarus, Martha and Miriam- ***Luke 10:40 But Martha was distracted with all her preparations; and she came up to Him, and said, "Lord, do You not care that my sister has left me to do all the serving alone? Then tell her to help me." 41 But the Lord answered and said to her, "Martha, Martha, you are worried and bothered about so many things; 42 but only a few things are necessary, really only one, for Miriam has chosen the good part, which shall not be taken away from her."***
4. **Who is Martha? The oldest sister, a *“ baleboosteh”,* and a woman of deep faith in Yeshua, she was one of two disciples who publicly proclaimed that Yeshua is the Messiah during His earthly ministry- John 11:27 and Matthew 16:15**

 ***John 11: 25 Yeshua said to Martha, "I am the resurrection and the life; he who believes in Me shall live even if he dies, 26 and everyone who lives and believes in Me shall never die. Do you believe this?" 27 She said to Him, "Yes, Lord; I believe that You are the Messiah, the Son of God, even He who comes into the world."***

***Peter also made a public confession in Matthew 16:15 Yeshua said to them, "But who do you say that I am?" 16 And Simon Peter answered and said, "Thou art the Messiah, the Son of the living God."***

1. **What did Martha’s statement to Yeshua express? She was saying to Him that He didn’t care about her situation- do you ever feel and think “God does not care about what’s happening to me”?**
2. **She also felt she had to take matters into her own hands. Can you relate to Martha’s feelings? Do we demand that God do what we think He should do?**
3. **How does Yeshua respond to Martha?**
4. ***“Martha, Martha”*- sign of affection and tender care- Yeshua knew the destructive power of worry for her and for His disciples including you and me!**
5. **Luke 12:22 Yeshua said to His disciples, *"For this reason I say to you, do not be anxious for your life, as to what you shall eat; nor for your body, as to what you shall put on… 29 "And do not seek what you shall eat, and what you shall drink, and do not keep worrying. Luke 8:14 "And the seed which fell among the thorns, these are the ones who have heard, and as they go on their way they are choked with worries and riches and pleasures of this life, and bring no fruit to maturity. (doubtful mind, state of stressful uncertainty, to strangle, disquieting thoughts)***

**Some worry statistics reveal that there is nothing we can do to change about 70% of the things we worry about: 40% are things that will never happen, 30% are about the past- which cannot be changed, 12% are about criticism from others, mostly unfounded, 10% are about health, which gets worse with stress and worry, 8% are about real problems that can be solved.**

***“Worry affects the circulation, the glands, the whole nervous system, and profoundly affects the heart. Subsequent research establishes a connection between chronic worry and all kinds of physical and emotional difficulties”* Dr Charles Mayo- the Mayo Clinic**

1. **What is the difference between toxic worry and a legitimate concern?** ***Worry is allowing problems and distress to come between you and the heart of God. It is the view that somehow God has lost control of my situation and I cannot trust Him. A legitimate concern presses us closer to the heart of God and causes us to lean and trust on Him even more. So, we must constantly ask ourselves: Is my worry becoming toxic, pushing me away from God or is this a situation I will turn over to God as I am drawing closer to Him?***
2. **Consider what God’s Word says about worry in light of how God would desire us to get rid of worry, anxiety and fear. If we are not listening (sh’ma) with the intent of obeying we are being disobedient to Him. When worry is creeping into your heart and mind- read and if possible, memorize these verses and be surrounded by His Shalom.**

***Philippians 4:4 Rejoice in the Lord always; again, I will say, rejoice! 5 Let your forbearing spirit be known to all men. The Lord is near. 6 Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all comprehension, shall guard your hearts and your minds in Messiah Yeshua. 8 Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, let your mind dwell on these things.***

***Proverbs 12:25 Anxiety in the heart of a person weighs it down, but a good word makes it glad.***

***Psalm 139:23 Search me, O God, and know my heart; Try me and know my anxious thoughts; 24 And see if there be any hurtful way in me, And lead me in the everlasting way.***

***Psalm 55:22 Cast your burden upon the LORD, and He will sustain you; He will never allow the righteous to be shaken.***

***Matthew 6:33 But seek first His kingdom and His righteousness; and all these things shall be added to you. 34 Therefore do not be anxious for tomorrow; for tomorrow will care for itself.***

***Matthew 11:28 "Come to Me, all who are weary and heavy-laden, and I will give you rest.”29 "Take My yoke upon you, and learn from Me, for I am gentle and humble in heart; and you shall find rest for your souls. 30 "For My yoke is easy, and My load is light.***

**Are we choosing to give our worries and concerns to our King Yeshua? Then are we drawing near to our Beloved Groom to be in His intimate presence filled with His Love and Shalom?**

Please feel free to send your prayer needs, comments or questions to me

 and thank you for your feedback!

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